



PLANT FACT SHEET

Sambucus sieboldiana (Miq.) Blume ex Graebn.

GENUS *Sambucus* FAMILY Viburnaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The young leaves and buds are boiled and eaten as a vegetable

The leaves are also used as a tea substitute.

Caution: The seeds contain poisonous alkaloids.

DESCRIPTION

A deciduous shrub. It grows 3-6 m high. It has many branches. The young branches are light green. The older bark is corky and ash-brown. The leaves are compound. There are 2-3 pairs of leaflets with a leaflet at the end. The leaflets are alternate and narrowly oval and tapering to the tip. There are fine teeth along the edge. The flowers are small and white and in dense groups 3 cm high and 10 cm across. The fruit are 4 mm across. They are red when ripe.

HABITAT

It is a temperate plant. It grows in mountainous woods. It grows best in fertile soil with good drainage. It can grow in sun or part shade. It suits hardiness zone 6.

PRODUCTION

Cultivation

Plants can be grown from stem cuttings or seeds.

NOTES

There are about 25 *Sambucus* species. Also put in the family Sambucaceae.

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f7d286ad-5960-4ded-be42-a7fa3c37b1fb>