PLANT FACT SHEET

Lilium regale Wilson

GENUS *Lilium* **FAMILY** Liliaceae

EDIBLE PARTS AND USES

Edible parts: Bulbs, Bulbs-starch

The bulbs are used fresh or dried.
They are also used for extracting starch.

DESCRIPTION

A herb with a bulb. The bulb is 3.5 cm across. The stem is 50 cm tall. The leaves are scattered and narrow. They are 6-8 cm long by 2-3 mm wide. The flowers can occur singly or as several in a group. They are funnel shaped and have a scent. The flowers are white with a yellow tinge at the base.

HABITAT

It is a temperate plant. It grows on rocky slopes and by river banks between 800-2,500 m above sea level in Sichuan.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 319

Jin, L., et al, 2012, Phenolic Compounds and Antioxidant Activity of Bulb Extracts of Six Lilium Species Native to China. Molecules 2012, 17, 9361-937

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