PLANT FACT SHEET

Wendlandia paniculata (Roxb.) DC.

GENUS *Wendlandia* **FAMILY** Rubiaceae

COMMON NAMES Uthum

EDIBLE PARTS AND USES

Edible parts: Twigs

The young twigs are eaten raw or cooked. They are also used for making chutney.

DESCRIPTION

A small tree. It has a spreading crown. The leaves are narrowly oval and rough. The flowers do not have stalks. They are greenish-white.

HABITAT

It is a subtropical plant.

REFERENCES

Konsam, S., et al, 2016, Assessment of wild leafy vegetables traditionally consumed by the ethnic communities of Manipur, northeast India. Journal of Ethnobiology and Ethnomedicine, 12:9

Singh, P.K., Singh, N.I., and Singh, L.J., 1988, Ethnobotanical Studies on Wild Edible Plants in the Markets of Manipur - 2. J. Econ. Tax. Bot. Vol. 12 No. 1 pp 113-119

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f7ec7646-d54a-4de7-9f8a-f8c7303a145b