



PLANT FACT SHEET

Hymenodictyon orixense (Roxb.) Mabberley

GENUS *Hymenodictyon* FAMILY Rubiaceae

COMMON NAMES Mountain sage tree

EDIBLE PARTS AND USES

Edible parts: Leaves, Medicine

The young leaves are blanched for one minute then eaten.

DESCRIPTION

A tree. It loses its leaves during the year. It grows 25 m tall. The bark is smooth and grey. The leaves are often grouped near the ends of branches. The leaves are narrowly oval and 9-22 cm long by 6-14 cm wide. The flowers are near the ends of branches. They are white or brown. The fruit is an oval capsule 2-3 cm long. There are many flat seeds.

HABITAT

It is a tropical plant. It grows in forests along rivers between 100-1,700 m above sea level. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants can be grown by seeds.

NOTES

The leaf is used as medicine to relieve tooth ache.

PICTURES



Credit: Food Plants International (Bruce French)

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