



PLANT FACT SHEET

Streptopus amplexicomus var. americanus (L.) DC., Schult.

GENUS *Streptopus* **FAMILY** Liliaceae

COMMON NAMES Liverberry

EDIBLE PARTS AND USES

Edible parts: Shoots, Fruit

The shoots are eaten in salads. They taste like cucumbers.

The shoots can be cooked and eaten in soups.

The fruit have a cucumber taste and can be eaten with sugar and ice cream.

DESCRIPTION

A shrub. It keeps growing from year to year. It grows 90-120 cm tall. It grows from a thick, short rhizome. The stem can be branched and is covered with bright green leaves. The long leaves have veins along them. The flowers are small and simple. They are green, white or pink. They are bell shaped. The fruit are pulpy berries. They can be pink or red.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

It can be grown by seeds or cuttings.

NOTES

Also put in the family Convallariaceae.

REFERENCES

Esperanca, M. J., 1988. Surviving in the wild. A glance at the wild plants and their uses. Vol. 2. p 61

PROVIDED BY Food Plants International

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f8633ed6-3ba0-4334-b789-13420190cd97>