PLANT FACT SHEET

Athamanta cretensis Linn.

GENUS *Athamanta* **FAMILY** Apiaceae

COMMON NAMES Candy carrot

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are used to flavour a liqueur.
They whole plant is used for flavouring.

DESCRIPTION

A herb. It has a dense covering of hairs. The leaves are broad with deep irregular segments.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are 15 Athamantha species.

REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 47
Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 16
Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 85

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f8b4d9c4-c3df-4bff-b668-31de9c0efe44