PLANT FACT SHEET

Erigenia bulbosa (Michx.) Nutt.

GENUS *Erigenia* **FAMILY** Apiaceae

COMMON NAMES Pepper and salt, Harbinger of Spring

EDIBLE PARTS AND USES

Edible parts: Root

The roots are eaten raw or cooked.

DESCRIPTION

A herb. It grows 8-25 cm tall. It can have several stems. These are green to brown and have ridges along them. The leaves are alternate. They are 12 cm long by 8 cm wide. These have 3 leaflets and the leaflets are divided into narrow lobes. The flowers are in a flat topped group. They are white. These develop into flattened round fruit with one seed.

HABITAT

It is a temperate plant. It grows in rich moist woodland. It suits hardiness zones 4-7.

PRODUCTION

Cultivation

It grows from seed.

REFERENCES

Jackes, D. A., Edible Forest Gardens

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f8e3a28f-4702-4e8e-9012-57f05432e388