PLANT FACT SHEET

Salvia candidissima Vahl

GENUS *Salvia* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Stems

The stems are peeled off and then eaten.

DESCRIPTION

A herb. It produces several small stems. It grows 1 m tall. The stems tend to lie along the ground. The leaves are light green and 15 cm long by 10 cm wide. They are hairy. The flowering shoots are upright and 20-30 cm long.

HABITAT

It is a Mediterranean plant. It grows between 650 m and 2,100 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f8fa26df-e8db-4d10-80e2-e18bd40d354e