PLANT FACT SHEET

Triteleiopsis palmeri (S. Watson) Hoover

GENUS *Triteleiopsis* **FAMILY** Asparagaceae

COMMON NAMES Blue sand-lily

EDIBLE PARTS AND USES

Edible parts: Bulb

DESCRIPTION

A bulb plant. The bulbs are 1-2 cm across and straw coloured. There are 3-10 leaves that are 15-30 cm long by 3-20 mm wide at the base. The flowers are blue to purple.

HABITAT

It is a warm temperate or subtropical plant. It is an arid plant. It grows in the desert and on sand dunes. In Mexico it grows between 100-1,500 m above sea level.

REFERENCES

Felger, R. S. 1980, Vegetation and Flora of the Gran Desierti, Sonora, Mexico. Desert Plants 2(2). Arizona-Sonora Desert Museum. p 9

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112

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