



PLANT FACT SHEET

Salvia azurea Benth.

GENUS *Salvia* FAMILY Lamiaceae

COMMON NAMES Pitcher sage, Azure sage

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten raw. They are also roasted, popped, ground into flour or cooked with other grains.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

A. L. P. P. de Candolle, Prodr. 12:302. 1848

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 134

PROVIDED BY Food Plants International

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/f9348cd3-48cd-4085-8006-37fc6c48d986>