PLANT FACT SHEET

Limnophila geoffrayi Bonati

GENUS *Limnophila* **FAMILY** Plantaginaceae

COMMON NAMES Maam srae

EDIBLE PARTS AND USES

Edible parts: Leaves, Spice

The young leaves and stalks have a sweet smell and are used to flavour some dishes. They can be used fresh or dry.

DESCRIPTION

An annual herb. It grows 10-30 cm high. The stems are slender and hollow. There are leaves along the stem

HABITAT

A tropical plant. It grows in wet places and paddy fields. It grows on the edges of ponds. It grows between sea level and 200 m above sea level.

NOTES

There are about 35 Limnophila species.
Also put in the family Scrophulariaceae.

REFERENCES

Eiadthong, W., et al, 2010, Management of the Emerald Triangle Protected Forests Complex. Botanical Consultant Technical Report. p 23

Phon, P., 2000, Plants used in Cambodia. © Pauline Dy Phon, Phnom Penh, Cambodia. p 402

Turreira Garcia, N., et al, 2017, Ethnobotanical knowledgeof the Kuy and Khmer people in Prey Lang, Cambodia. Cambodian Journal of Natural History 2017 (1): 76-101

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 405

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f93778ae-f03b-44ef-965e-90cd62d98342