PLANT FACT SHEET

Cachrys cristata DC.

GENUS *Cachrys* **FAMILY** Apiaceae

COMMON NAMES Carsamba

EDIBLE PARTS AND USES

Edible parts: Stems, Roots, Leaves, Flowers, Spice

The stems are eaten fresh after peeling.
The shoots and flowers are cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, A., et al, 2014, A review of edible plants on the Turkish Apiaceae species. J. Fac. Pharm. Istanbul, 44(2) pp 251-262 (As Hippomarathum cristatum)

Ertug, F., 2004, Wild Edible Plants of the Bodrum Area. (Mugla, Turkey). Turk. J. Bot. 28 (2004): 161-174 (As Hippomarathum cristatum)

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f972551b-b41c-458a-8d07-b19300bb8938