PLANT FACT SHEET

Avonia albissima (Marloth) G. D. Rowley

GENUS *Avonia* **FAMILY** Anacampserotaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in an alcoholic drink. Caution: Alcohol is a cause of cancer.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

PRODUCTION

Cultivation

It can probably be grown by seed or cuttings.

NOTES

It has also been put in the family Portulacaceae.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 187 (As Anacampseros albissima)

Plowes, N. J. & Taylor, F. W., 1997, The Processing of Indigenous Fruits and other Wildfoods of Southern Africa. in Smartt, L. & Haq. (Eds) Domestication, Production and Utilization of New Crops. ICUC p 185 (As Anacampseros albissima)

Trans. Roy. Soc. South Africa 2:238. 1912 (As Anacampseros albissima)

Wehmeyer, A. S, 1986, Edible Wild Plants of Southern Africa. Data on the Nutrient Contents of over 300 species (As Anacampseros sp.)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/f9b0ca53-c6c5-475c-8920-ebf649507ace