PLANT FACT SHEET

# *Ceropegia pulchellior* Bruyns

**GENUS** *Ceropegia* **FAMILY** Apocynaceae

**COMMON NAMES** Hottentot's bread

## EDIBLE PARTS AND USES

**Edible parts:** Root, Tubers

## DESCRIPTION

A succulent herb. It grows 20 cm long from a thick tuber that is 5 cm across. There are 2 or more branches from the base and these divided. The leaves are spreading. The leaf blade is 4-20 cm long by 2-15 cm wide. They are oval or sword shaped. The flowers occur singly or in pairs.

## HABITAT

It is a Mediterranean or subtropical plant. It grows on stony ground.

## PRODUCTION

### Cultivation

It can be grown by dividing the rhizome or tuber. It can also be grown by stem cuttings. It can be grown from seeds.

## REFERENCES

Aremu, A.O. et al, 2022, Ethnobotanical Uses, Nutritional Composition, Phytochemicals, Biological Activities, and Propagation of the Genus Brachystelma (Apocynaceae). Horticulturae 2022, 8, 122 (As Brachystelma pulchellum)

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/fa2314d6-d86d-4f8f-a2cc-7ece5894a2b1