PLANT FACT SHEET

# *Cinnamomum glanduliferum* (Wall.) Meisner

**GENUS** *Cinnamomum* **FAMILY** Lauraceae

**COMMON NAMES** Nepal camphor tree

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Spice

The fruit are used in stir fries and as a spice.

## DESCRIPTION

An evergreen tree. It grows 5-15 m tall. The bark is brown. It has cracks along it. The branches are robust and angular. The leaves are alternate and narrowly oval or sword shaped. They are 14-16 cm long by 4-7 cm wide. The flowers are small and have both sexes. They are light yellow and hairy and in groups. These are 4-10 cm long. The fruit is round and 10 cm across. It is black.

## HABITAT

It is a tropical plant. It grows between 1,500-2,500 m above sea level. In Sichuan and Yunnan.

## PRODUCTION

### Harvesting and Seed Production

In Yunnan fruit are harvested in August and September.

## REFERENCES


Aryal, K. P., et al, 2018, Diversity and use of wild and non-cultivated edible plants in the Western Himalaya. Journal of Ethnobiology and Ethnomedicine (2018) 14:10

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

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