PLANT FACT SHEET

Mazus stachydifolius (Turcz.) Maxim.

GENUS *Mazus* **FAMILY** Phrymaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. It grows 10-50 cm tall. The leaves at the base have short leaf stalks and are spoon shaped. The leaves are the stem are opposite to alternate and 2-7 cm long. There are irregular teeth along the edge.

HABITAT

It is a temperate plant. It grows in grassland and in wet places on the edges of forests below 1,500 m above sea level in north China. In Sichuan.

NOTES

There are about 30 Mazus species.
Also put in the family Scrophulariaceae.

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fa2d5212-83d0-48dd-9320-5c3a3ec06e52