PLANT FACT SHEET

Salsola collina Pall.

GENUS *Salsola* **FAMILY** Amaranthaceae

COMMON NAMES Tumbleweed, Slender Russian Thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

The young seedlings are eaten. They are used in soup.

DESCRIPTION

An annual herb. It grows 20-100 cm high. The stem branches from the base. The branches are alternate. The leaves are spreading and slightly curved. They are narrow. They are 2-5 cm long by 1 mm wide.

HABITAT

It is a temperate plant. In Pakistan it is mostly between 1,500-3,000 m altitude.

NOTES

Plants are used in medicine to reduce blood pressure. Also put in the family Chenopodiaceae.

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