PLANT FACT SHEET

Myrianthus libericus Rendle

GENUS *Myrianthus* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Nuts, Fruit, Seeds - oil, Vegetable

The young leaves are cooked as a potherb. They are also used for flavouring.

DESCRIPTION

A shrub or small tree. It grows 10 m high.

HABITAT

A tropical plant. It grows in secondary jungle in West Africa.

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