



PLANT FACT SHEET

Ficus callosa Willd.

GENUS *Ficus* FAMILY Moraceae

COMMON NAMES Hard skin fig

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - flavouring, Fruit

The leaves are mixed with rice to give flavour.

The leaves are cooked and eaten. They are also cooked with tomato.

The fruit are cooked and eaten.

DESCRIPTION

A fig. It is a large tree. It grows 25-35 m tall. The trunk is 25-35 cm across. The bark is hard and grey. The leafy growths at the base of the leaves are oval, hairy and 1-1.8 cm long. The leaf stalk is 3-9 cm long. The leaves are a dark green and smooth and shiny on the top surface. They are pale green underneath. They have a blunt point and are rounded at the base. The leaves are 15-30 cm long by 7-20 cm wide. They are leathery. The fruit are borne in the upper leaf axils. They are often in pairs. They are 2 to 3 cm across. They are pale green but become yellow when mature.

HABITAT

A tropical plant. They occur in the Philippines from Isabela, Bataan, Camarines, Mindoro, Palawan, Cebu and Mindanao Provinces. In China it grows on the edges of forests and is also cultivated between 600-800 m in S China. In XTBG Yunnan.

PRODUCTION

Cultivation

Plants can be grown by seeds.

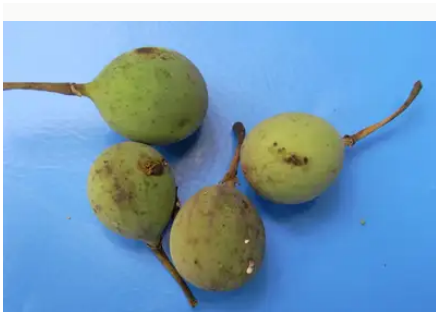
NOTES

There are about 800-1000 *Ficus* species. They are mostly in the tropics. There are 120 *Ficus* species in tropical America. The wood is used for furniture.

PICTURES



Credit: Food Plants International (Bruce French)



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