PLANT FACT SHEET

Hypochaeris sessiliflora Kunth

GENUS *Hypochaeris* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root - drink

The root is used to make a coffee like drink.

DESCRIPTION

A herb. It grows 13 cm tall. The flowers are yellow or white. There are about 25 flowers in one head,bb

HABITAT

It is a tropical plant. It grows in the high Andes. It grows between 2,500-4,500 m above sea level.

REFERENCES

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 227

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fa5f9db9-3954-4a7a-a89c-b0dd07bfd1fd