PLANT FACT SHEET

Fouquieria splendens Engelm.

GENUS *Fouquieria* **FAMILY** Fouquieriaceae

COMMON NAMES Ocotillo, Coach whip

EDIBLE PARTS AND USES

Edible parts: Flowers - drink, Fruit, Seeds, Flowers - nectar

The flowers are soaked in water overnight and used as a drink. This is sometimes mixed with other juices.
The capsules and flowers can be eaten raw or cooked.
The parched seeds are ground into flour and used for cakes.

DESCRIPTION

A shrub. It grows 6 m tall and spreads 4 m wide. The flowers are bright red.

HABITAT

It is a subtropical plant. It grows in arid places. It occurs in desert places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fa6c6b25-b725-4622-ab1d-e0a0aed5d309