PLANT FACT SHEET

Colubrina longipes Back.

GENUS *Colubrina* **FAMILY** Rhamnaceae

COMMON NAMES Colubrina

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are sweet smelling and flavour fish by being putting on them while they are steamed.
They are also used in soup.

DESCRIPTION

A shrub. It grows about 1 m high. The leaves are alternate. They are oval with a pointed tip. There are fine teeth around the edge. Leaves are 2.5-8 cm long and 1-3 cm wide. The leaf stalk is 5-10 mm long. Flowers occur in the axils of leaves. The individual flowers are 1 mm long. They are yellow. The fruit is oval with 3 furrows along it. It is 6-8 mm long. There are 3 seeds. These have a keel on one side.

HABITAT

A tropical plant. It is found in wasteland and by the coast.

NOTES

There are about 20 Colubrina species. There are 20 species in tropical America.

REFERENCES

Jacquat, C., 1990, Plants from the Markets of Thailand. D.K. Book House p 79

Luczaj, L., et al, 2021, Wild food plants and fungi sold in the markets of Luang Prabang, Lao PDR. Journal of Ethnobiology and Ethnomedicine (2021) 17:6

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fa85e5fa-3d51-44d3-a7a7-3296363bcb6b