PLANT FACT SHEET

Premna oligotricha Baker

GENUS *Premna* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten.

DESCRIPTION

A shrub. It can be 3.6 m tall. The leaves are narrowly oval and 1-5 cm long by 0.5-3 cm wide. The flowers are in groups 2-5.5 cm long at the ends of branches. The fruit is round and 4-6 mm long by 3.5-5 mm long.

HABITAT

It is a tropical plant.

NOTES

It has antibacterial properties.

REFERENCES

Ichikawa, M., 1980, The Utilization of Wild Food Plants by the Suiei Dorobo in Northern Kenya. J. Anthrop. Soc. Nippon. 88(1): 25-48

Mutie, F. G., 2020, Conservation of Wild Food Plants and Their Potential for Combatting Food Insecurity in Kenya as Exemplified by the Drylands of Kitui County. Plants 2020, 9, 1017

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fa8b66d4-56be-4fdf-b133-b806fef7189d