PLANT FACT SHEET

Phoenix atlantica A. Chev.

GENUS *Phoenix* **FAMILY** Arecaceae

COMMON NAMES Cape Verde Island date palm

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A palm. It forms clusters with 2-6 trunks and grows 5-15 m tall. The leaves are dark green and 2-3 m long. The fruit is oval and pink and 2 cm long by 1 cm wide. It has one large seed. The fruit, although edible only have a small amount of pulp.

HABITAT

It is a tropical plant. It can tolerate cool temperatures.

REFERENCES

Amoros, A., et al, 2014, Physico-chemical and functional characteristics of date fruits from different Phoenix species (Arecaceae). Fruits, Vol. 69, p. 315-323

Duarte, M. C., et al, 2022, Diversity of Useful Plants in Cabo Verde Islands: A Biogeographic and Conservation Perspective. Plants 2022, 11, 1313 p 4

Wikipedia.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/faa35704-4abd-4bd7-afce-b281a7923c50