PLANT FACT SHEET

Crassula elegans Schonland & Baker f.

GENUS *Crassula* **FAMILY** Crassulaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are used as a yeast.

DESCRIPTION

A succulent.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 47

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/faa9ac4a-45a4-4766-8318-fb631e9d8367