



PLANT FACT SHEET

Lardizabala funaria (Molina) Looser

GENUS *Lardizabala* **FAMILY** Lardizabalaceae

COMMON NAMES Zabala fruit

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is eaten raw. They can also be cooked.

DESCRIPTION

A vigorous vine. It grows to 10 m high. The leaves are evergreen and large and dark green. They are thick and oval with wavy edges. They have 3-9 leaflets. The female flowers occur singly in the axils of leaves. Male flowers hang in groups. The flowers are dark purple or deep brown. The fruit are 7.5 cm long. They are sausage shaped. They are dark and purple. They have a sweet pulp. The flesh is edible.

HABITAT

A tropical plant. It requires support. It needs a warm sheltered site. It needs good drainage. It is tolerant of cool, dry conditions. It does not thrive in humid warm conditions. It can tolerate some frost. It needs protection from cold winds. In Chile it grows from 500-2,000 m above sea level. It suits hardiness zone 9.

PRODUCTION

Cultivation

Plants can be grown from seed. It grows easily from cuttings of hardened shoots.

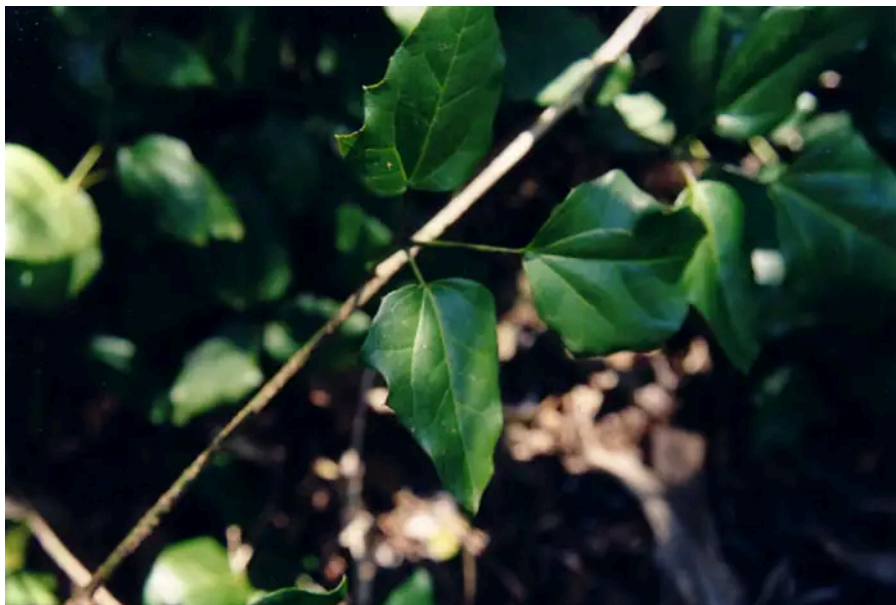
Harvesting and Seed Production

It is fast growing. It produces fruit in 2 years.

NOTES

There is only one *Lardizabala* species.

PICTURES



Credit: Food Plants International (Bruce French)



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PROVIDED BY Food Plants International

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