PLANT FACT SHEET

Leysera tenella DC.

GENUS *Leysera* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used for tea drinks.

DESCRIPTION

A herb. Usually it grows each year from seed. It grows 45 cm tall. The leaves are narrow and hairy. They are 2.5 mm by 0.5 mm. The flower heads are yellow.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 35

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fab7e1ff-362d-4060-952b-406bc7978e36