PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Ocotea macrophylla Kunth

GENUS *Ocotea* **FAMILY** Lauraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree.

HABITAT

It is a tropical plant. It suits the wet tropics.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 1134 (As Phoebe helicterifolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fad47b89-90e8-4534-a449-10076ec07d8f