PLANT FACT SHEET

Cyperus sexangularis Nees

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Stem

DESCRIPTION

A robust herb. It keeps growing from year to year. It grows 1.5 m tall. It does not have leaves at the base.

HABITAT

It is a subtropical plant. It grows in swamps, wet grasslands and along stream banks.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 51

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fadbe9fb-7a4e-4b9e-b101-163d548e5492