PLANT FACT SHEET

Cyperus flabelliformis

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Ash - salt

The plant is dried and burnt then the ash used as a salt for cooking other plants.

DESCRIPTION

A sedge. It keeps growing from year to year.

HABITAT

It is a subtropical plant.

NOTES

Either Cyperus tenuis Sw. if authority is (Kunth) Spreng. or Cyperus alternifolius subsp. flabelliformis Kuk if authority is Rottb..

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 179 (As Cyperus flabelliformis)

Plowes, N. J. & Taylor, F. W., 1997, The Processing of Indigenous Fruits and other Wildfoods of Southern Africa. in Smartt, L. & Haq. (Eds) Domestication, Production and Utilization of New Crops. ICUC p 189 (As Cyperus flabelliformis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/faeb2690-3368-48a0-85c1-267ed3d2f4a4