PLANT FACT SHEET

Asparagus aphyllus subsp. orientalis (Baker) P. H. Davis

GENUS *Asparagus* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young shoots and boiled or eaten in omelettes.

DESCRIPTION

A shrub.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Pieroni, A., et al, 2022, Chorta (Wild Greens) in Central Crete: The Bio-Cultural Heritage of a Hidden and Resilient Ingredient of the Mediterranean Diet. Biology 2022, 11, 673.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fb115fa7-abb5-4927-a4d0-bbc8b3cbba30