PLANT FACT SHEET

Atriplex micrantha Ledeb.

GENUS *Atriplex* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten cooked or dried or raw. They are used in soups, stews or salads.

DESCRIPTION

An annual herb. The leaves are almost triangle shaped. They have large teeth or lobes around the edges.

HABITAT

It is a temperate plant.

REFERENCES

Jalali, M., et al, 2024, Identification and investigation of ethnobotanical plants of rangeland wild edible plants in Shahrud. Iranian Journal of Range and Desert Research. Vol. 31, No. 2 P 107-128

Jalali, M., et al, 2024, Ethnobotanical study of wild edible plants in the mountainous regions of Semnan Province, Iran. Journal of Ethnobiology and Ethnomedicine 20:93

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fb18a358-b567-4ae5-8713-0a9d23c6ed98