PLANT FACT SHEET

# *Coris monspeliensis* L.

**GENUS** *Coris* **FAMILY** Primulaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The leaves are used for a drink.

## DESCRIPTION

The stems are woody at the base and densely covered with leaves. The leaves do not have stalks and are 2 cm long. The flowers have 5 unequal petals that are deeply lobed. They grow in clusters. They are pink or blue. The sepals have spiny black teeth. The fruit is a round capsule 2 mm across.

## HABITAT

It is a Mediterranean climate plant. It grows in dry coastal areas.

## REFERENCES

Bonet, M. A. & Valles, J., 2002, Use of non-crop food vascular plants in Montseny biosphere reserve (Catalonia, Iberian Peninsula). International Journal of Food Sciences and Nutrition (2002) 53, 225–248

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/fb233b58-c236-40ef-93db-0f5179eec5dd