



PLANT FACT SHEET

Salvia tomentosa Mill.

GENUS *Salvia* FAMILY Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves - tea, Flowers - tea

The leaves are used for tea drinks.

The flowers are also used for tea drinks.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/fb3770d3-b3f6-41fe-87ef-260e8e48b68a>