PLANT FACT SHEET

Corispermum dilutum (Kitagawa) C. P. Tsien & C. G. Ma

GENUS *Corispermum* **FAMILY** Amaranthaceae

COMMON NAMES Hamhuul

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten as a grain.

DESCRIPTION

A herb. It grows 10-30 cm high. The stems are erect and green.

HABITAT

It is a temperate plant. In China it grows on dunes and sandy places near rivers.

NOTES

There are about 50 Corispermum species.
Also put in the family Chenopodiaceae.

REFERENCES

Khasbagan, Hu-Yin Huai, and Sheng-Ji pei, 2000, Wild Plants in the Diet of Athorchin Mongol Herdsmen in Inner Mongolia. Economic Botany 54(4): 528-536

www.eFloras.org Flora of China

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fb6f6c31-33fd-4390-b8b4-e24ebd1cc9de