PLANT FACT SHEET

Vernonia missurica Raf.

GENUS *Vernonia* **FAMILY** Asteraceae

COMMON NAMES Missouri ironweed

EDIBLE PARTS AND USES

Edible parts: Flowers

The pressed flowers are made into a small bunch and chewed.

DESCRIPTION

A shrub.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 593

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fb754402-49cb-43f0-94be-111e0740acae