PLANT FACT SHEET

Viola nephrophylla Greene

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Northern bog violet

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The flowers and young leaves are eaten and also made into tea.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. It grows in moist places.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 914

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fb7d2a80-fe0d-486d-9be5-77d8c180abdb