PLANT FACT SHEET

# *Borassodendron borneense* J. Dransf.

**GENUS** *Borassodendron* **FAMILY** Arecaceae

**COMMON NAMES** Bindang palm

## EDIBLE PARTS AND USES

**Edible parts:** Palm heart, Cabbage, Fruit, Nut

The immature fruit is edible.
The palm heart is edible. It has a crisp, sweet and fragrant taste.

## DESCRIPTION

A solitary fan palm. It grows 20 m tall. The trunk is 30 cm across. The leaves spread out like fingers on a hand. The flowering stalks come from among the leaf bases. The male flower is a long thick branch which hangs down. It is branched. The female flower is unbranched. The fruit are round and glossy. They are 8 cm across. They are green to purple.

## HABITAT

A tropical plant. It grows in lowland rainforest.

## PRODUCTION

### Cultivation

Plants can be grown from seeds.

### Harvesting and Seed Production

It is a slow growing palm.

## NOTES

There are 2 Borassodendron species.

## REFERENCES


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