PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Strychnos bredemeyeri (Schult.) Sprague & Sandwith

GENUS *Strychnos* **FAMILY** Loganiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Tubers

Caution: The plant is considered poisonous affecting muscles and therefore breathing.

DESCRIPTION

A creeping shrub.

HABITAT

It is a tropical plant.

REFERENCES

Lopez-Diago, D. & Garcia, N., 2021, Wild edible fruits of Colombia. Biota ColomBiana 22 (2) p 40

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145 ?

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fbae208d-eac7-4276-a755-d91d865cef78