PLANT FACT SHEET

Pseudocyclorus tylodes (Kunze) Ching

GENUS *Pseudocyclorus* **FAMILY** Aspleniaceae

EDIBLE PARTS AND USES

Edible parts: Fronds - drink, Leaves - drink

The fronds are dried and pounded with rice then stored for 2 days for fermentation into a local liquor.

DESCRIPTION

A fern. It grows 1.2 m tall. The fronds are clustered. The stalks are 25-40 cm long and the blades 45-80 cm long by 24 cm wide.

HABITAT

It is a subtropical plant. It grows on partly exposed stream banks. It grows between 800-2,300 m above sea level.

REFERENCES

Srivastava, R. C., 2009, Traditional knowledge of Adi tribe of Arunachal Pradesh on plants. Indian Journal of Traditional Knowledge. 8(2): 146-153 (As Thelypteris tylodes)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fbd23065-668e-426a-949a-82d5a1bd7c10