PLANT FACT SHEET

Allium pendulinum Ten.

GENUS *Allium* **FAMILY** Amaryllidaceae

COMMON NAMES Italian garlic

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb

The leaves and bulbs are eaten raw in salads and also cooked.

DESCRIPTION

A short onion plant with a bulb. It keeps growing from year to year. The flowers are 3-5 mm long and borne in a group spreading around the flower stalk. The flowers are white. It is like three-cornered leek (Allium triquetrum).

HABITAT

It is a Mediterranean climate plant.

NOTES

There are about 300-700 Allium species. Most species of Allium are edible (Flora of China). All alliums are edible but they may not all be worth eating!
They have also been put in the family Alliaceae.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 485

Biscotti, N. & Pieroni, A., 2015, The hidden Mediterranean diet: wild vegetables traditionally gathered and consumed in the gargano area, Apulia, SE Italy. Acta Societatis Botanicorum Poloniae 84 (3): 327-338

Biscotti, N. et al, 2018, The traditional food use of wild vegetables in Apulia (Italy) in the light of Italian ethnobotanical literature. Italian Botanist 5:1-24

Brevard County Edible Acres

Geraci, A., et al, 2018, The wild taxa utilized as vegetables in Sicily (Italy): a traditional component of the Mediterranean diet. Journal of Ethnobiology and Ethnomedicine (2018) 14:14

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Syll. pl. fl. neapol. 168, t. 31. 1831

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fbd8728d-8b51-4ee0-9c89-1cf91af27fb6