PLANT FACT SHEET

Tongoloa silaifolia (H. Boissieu) H. Wolff

GENUS *Tongoloa* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 30-60 cm tall. The root is brown and cone shaped. The stem is purplish and branched. The lower leaf stalks are 6-12 cm long. The leaves are broadly oval and 5-8 cm long y 4-6 cm wide. They have leaflets.

HABITAT

It is a temperate plant. It grows in damp grassland between 2,200-4,000 m above sea level in China. In Sichuan and Yunnan.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fbecc8ce-0e47-4cd4-a694-f1d89c412423