



## PLANT FACT SHEET



### Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

# *Mimusops obovata* Nees ex Sond.

GENUS *Mimusops* FAMILY Sapotaceae

COMMON NAMES Red milkwood, Beach sapote

## EDIBLE PARTS AND USES

**Edible parts:** Seeds, Fruit, Leaves

The ripe fruit are eaten raw. They are pleasant tasting. They are used to make jellies and wine.

## DESCRIPTION

A medium sized tree. It can grow to 19 m tall. The trunk can be 60 cm across. The leaves are alternate. They are 2.5-7 cm long by 1-4 cm wide. They are oval and taper to the base. The mature leaves are dark green and shiny above and lighter underneath. The flowers are white and have a smell. They are on slightly curved red-brown stalks. They can be single or in 2's in the axils of leaves. The fruit are oval and narrow to a point. They are 2.5-5 cm long. They are bright orange and shiny when ripe. They have one or more black seeds. The pulp is orange and mealy in texture. The fruit are edible.

## HABITAT

A subtropical plant. It can grow near the coast on dunes but also in open inland forest. It can grow in arid places. It suits hardiness zones 9-11. Melbourne Botanical Gardens.

## PRODUCTION

### Cultivation

Plants can be grown from seed.

### Harvesting and Seed Production

A fruit weighs about 1.2 g.

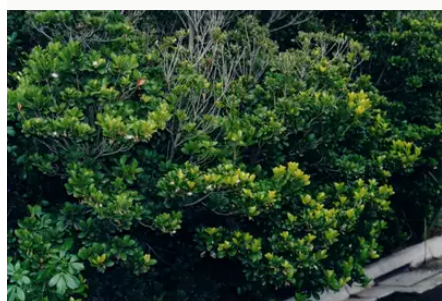
## NOTES

There are 55 *Mimusops* species.

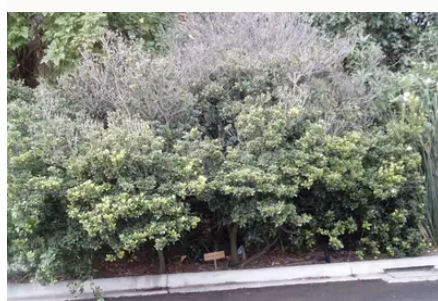
## PICTURES



Credit: Food Plants International (Bruce French)



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**ONLINE FACT SHEET** <https://www.echocommunity.org/en/resources/fbf61d9e-2eef-44ec-a85e-0908b3d7f5c3>