PLANT FACT SHEET

Veronica undulata Wall.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Undulate Speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. It is hairy. It grows 10-100 cm tall. The leaves do not have leaf stalks. The leaves are narrowly oval and 2-10 cm long by 1-4 cm wide. There are usually teeth along the edge. There are many flowers ina group. They are pale blue, pale purple or white.

HABITAT

It is a subtropical plant. It grows near water and in swamps below 2,800 m above sea level.

NOTES

There are about 250 Veronica species.
Also put in the family Scrophulariaceae.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fc05be16-e706-47aa-9375-6faa9b9b8d20