PLANT FACT SHEET

# *Cladonia rangiferina* (Linn.) Web.

**GENUS** *Cladonia* **FAMILY** Cladoniaceae

**COMMON NAMES** Lichen, Reindeer moss

## EDIBLE PARTS AND USES

**Edible parts:** Lichen

It is used for the production of glucose and alcohol. Caution: Alcohol is a cause of cancer.
The moss is also boiled and drunk.
It is also ground into flour and eaten during famine.

## DESCRIPTION

A lichen. It grows in carpet like masses. These can be 25 cm across. It is like sponge and made up of intertangled stalks.

## HABITAT

It grows in arctic and subarctic regions.

## NOTES

It is eaten by reindeer.

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