PLANT FACT SHEET

Cornopteris decurrenti-alata (Hook.) Nakai

GENUS *Cornopteris* **FAMILY** Athyriaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The leaves or fronds are used in stir-fries and soups.

DESCRIPTION

A fern. The rhizomes are slender and creeping. They are 5 mm across and dark brown. There are brown sword shaped scales near the tip. The fertile fronds are 80 cm long.

HABITAT

It grows in shaded spots near streams between 200-2,800 m above sea level in China.

NOTES

Also put in the family Woodsiaceae.

REFERENCES

Liu, Y., et al, 2012, Food uses of ferns in China: a review. Acta Societatis Botanicorum Poloniae 84(4): 263-270

www.eFloras.org Flora of China

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fc8bf35b-731a-4433-a135-17e868c380bf