PLANT FACT SHEET

Pelargonium fulgidum (L.) L'Her.

GENUS *Pelargonium* **FAMILY** Geraniaceae

COMMON NAMES Rooi malva

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The fresh leaves are eaten as a snack.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

PICTURES

Credit: Food Plants International (Bruce French)

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 64

van Wyk, Be., & Gericke, N., 2007, People's plants. A Guide to Useful Plants of Southern Africa. Briza. p 74

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fcd5ee09-1ecf-4b6c-a502-7ac210283370