PLANT FACT SHEET

Laurencia johnstonii Setchell & Gardner

GENUS *Laurencia* **FAMILY** Rhodomelaceae

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

DESCRIPTION

A seaweed or sea vegetable.

HABITAT

It grows on rocks just below the shoreline.

REFERENCES

Dominguez, S. C., et al, 2002, Marine algae of Baja Cailfornia Sur, Mexico: Nutritional value. Arch Latinoam Nutr. 2002 Dec ;52 (4):400-5 12868282

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fce4369d-30a2-4416-a56a-d2fcd452cd84