PLANT FACT SHEET

# *Evolvulus alsinoides* (L.) L.

**GENUS** *Evolvulus* **FAMILY** Convolvulaceae

**COMMON NAMES** Slender dwarf morning glory

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Medicine

The young leaves are cooked as a vegetable.

## DESCRIPTION

A small, weak sprawling herb. It grows 80 cm high. The leaves are alternate and narrow. They are hairy. The flowers are small and blue and shaped like a periwinkle. They occur singly in the axils of leaves. The fruit is a round capsule.

## HABITAT

It is a tropical plant. It grows in open forest amongst short grass. It suits open damp places. In Zimbabwe it grows up to 1,560 m above sea level. It can grow on coastal sands. In Sichuan and Yunnan.

## NOTES

Possibly edible. It is used in India to alleviate nervous conditions. It is used in medicine.

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