PLANT FACT SHEET

Pachira sessilis Benth.

GENUS *Pachira* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil

The seeds are roasted and eaten.

DESCRIPTION

A tree. It grows 20-25 m tall. It loses its leaves during the year. The trunk is often bent. It can be 60 cm across. It can have small buttresses. There are a few stout branches. The crown is thin, irregular and narrow.

HABITAT

It is a tropical plant. It grows in sandy soils near the ocean.

PRODUCTION

Cultivation

Plants can be grown from fresh seeds.

NOTES

NB Naming confused.
Also put in the family Bombacaceae. In the subfamily Bombacoideae.

REFERENCES

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Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Flora of West Tropical Africa, Vol 1 Part 2

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

www.theplantlist.org

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fcfec1bc-908b-4e56-910b-32d4ddf1b759